

# Proper Attire for Holy Mass

ACCORDING TO TRADITION

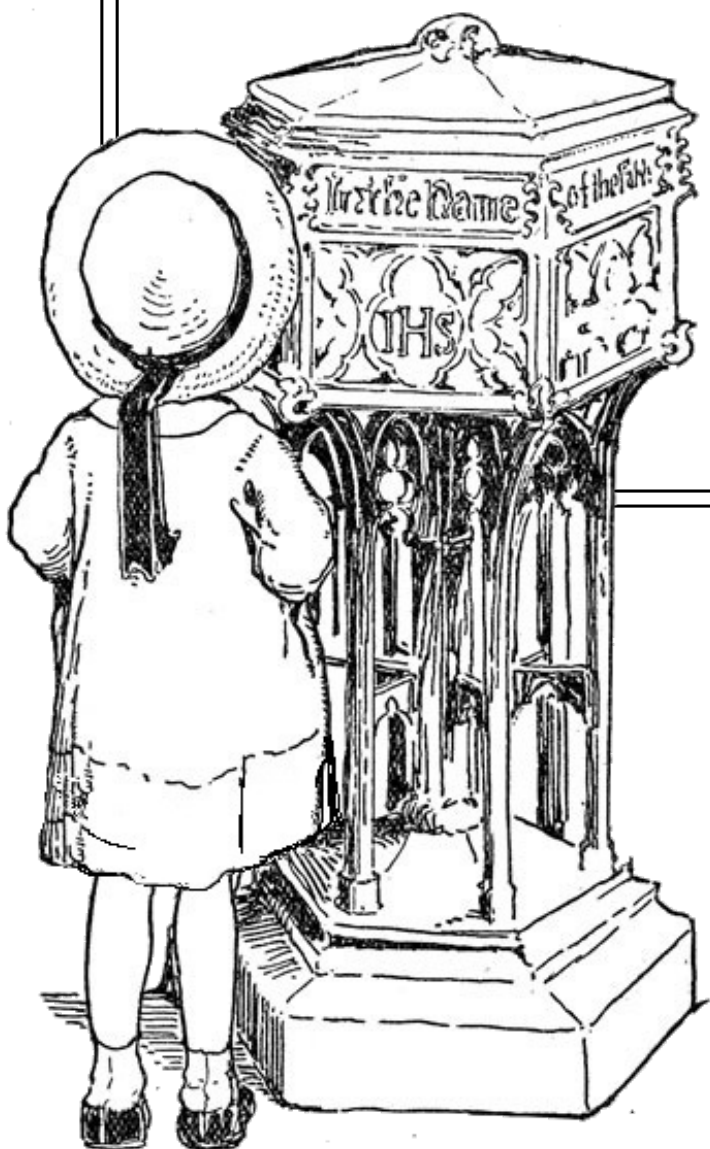


Shoulders & knees covered.  
No t-shirts or grungy clothing.  
Nothing tight, clingy, or sheer.

No beachwear, sportswear,  
loungewear.

Gentlemen must not wear hats.

Please, no cleavage ladies!  
Head-coverings for women are  
preferred.



TO PREPARE FOR WORTHY RECEPTION OF THIS  
SACRAMENT, BODILY DEMEANOUR (GESTURES,  
CLOTHING) OUGHT TO CONVEY THE RESPECT,  
SOLEMNITY, AND JOY OF THIS MOMENT.